

## **ADULT DIAPERING PROCEDURE**

1. Change adult diapers after the patient urinates or has a bowel movement.
2. Tell the patient what you are doing before the procedure.
3. Wash your hands.
4. Put on nonsterile gloves.
5. Gather supplies: clean diaper, washcloth, basin of water, soap and powder.
6. Assist patient to lie on his back.
7. Explain the procedure to the patient before proceeding.
8. Remove the front portion of the diaper first and roll as close to the patient as possible, containing the waste inside the rolled diaper.
9. Thoroughly wash the skin of the lower abdomen, sides, and then the genitalia with soap and water.
10. Rinse well and dry.
11. Assist the patient to turn onto the side.
12. Using the same rolling pattern, remove the entire diaper. Thoroughly wash buttocks and rectal area with soap and water.
13. Rinse well and dry.
14. Observe the skin for any signs of breakdown. Report breakdown areas to the office or patient's case manager.
15. Place the diaper behind the patient.
16. Assist the patient to roll onto his back.
17. Pull the diaper through the legs and up over the lower abdomen.
18. Secure the diaper using tape (disposable diapers) or safety pins, pointing downward (cloth diapers).
19. Replace clothing.
20. Assist patient to a comfortable location.
21. Wash washcloths and soiled cloth diaper. Place in a pail or isolated hamper.
22. Remove and dispose of gloves.
23. Wash hands.
24. Provider staff should document the procedure.